



## EPA CHILD AND ADOLESCENT PSYCHIATRY SECTION REPORT 2023

### SECTION COMMITTEE MEMBERS:

Chairperson: Prof. Dr. Judit BALAZS  
Co-chairperson: Prof. Paolo BRAMBILLA  
Secretary: Dr. Bernadett Frida FARKAS  
Councillor: Dr. Kaushal SHAH

### LIST OF SECTION MEMBERS:

Herta AGAJ, Lezhe, Albania  
Umut ALTUNOZ, Wunstorf, Germany  
Ghodratollah ANSARIPOUR, Vienna, Austria  
Taha ARİK  
Judit BALAZS, Budapest, Hungary  
Valentina BASILE, Orselina, Switzerland  
Ghizlane BENJELLOUN, Morocco  
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Agnieszka BUTWICKA, Danderyd, Sweden  
Hervé CACI, Nice, France  
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Ayça CAN UZ, İstanbul, Türkiye  
Neringa CENAITE, VILNIUS, Lithuania  
Kateryna CHAIKOVSKA, Kyiv, Ukraine  
Pritam CHANDAK, NAGPUR, India  
Evgeniia CHIBIKOVA, Samara, Russian Federation  
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Orkhan FARAJLI, Baku, Azerbaijan  
Bernadett Frida FARKAS, Budapest, Hungary  
Sergey FEDOROVSKY, Moscow, Russian Federation  
Igor FILIPCIC, Zagreb, Croatia  
Ehsan FOTOUHI ARDEKANI, Bad Zwischenahn, Germany  
Sophia FRANGO, New York, United States  
Thomas GARGOT, Tours, France  
Sundar GNANAVEL, Morpeth, United Kingdom  
Shahzain HASAN, Karachi, Pakistan  
Marc H.m. HERMANS, , Belgium  
Sabine C. HERPERTZ, Heidelberg, Germany  
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Sergey IGUMNOV, Minsk, Belarus  
Suzie JACOB, Lille, France



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Jean Pierre KAHN, Laxou Cedex, France  
Hala KERBAGE, montpellier, France  
Miri KEREN, Kfar-saba, Israel  
Krzysztof KIELAN, Grimsby, United Kingdom  
Dusan KOLAR, Serbia  
Fabian KRAXNER, Hedingen, Switzerland  
Marinos KYRIAKOPOULOS, London, United Kingdom  
Desiree LACIDA, Davao City, Philippines  
Alena LEONOVA, Tyumen, Russian Federation  
Vissam MAHASNEH, Damascus, Syrian Arab Republic  
Marilena-petruta MAIDAN  
Kotchuthressia MATHEW, Manjeri, India  
Dragan MITROVIC, Serbia  
Dimitrie-filip MOGIRZAN  
Ana MOSCOSO, Lisbon, Portugal  
Luiza MOURA DE SOUZA AZEVEDO, Miami, United States  
Munjerina MUNMUN, Leonardtown, United States  
Camille NOËL, Brussels, Belgium  
Laura ORSOLINI, Ancona, Italy  
Galyna OSADCHA, Kyiv, Ukraine  
Kollarova PATRICIE  
Victor PEREIRA-SANCHEZ, United States  
Thinzar PHYO, Victoria, Australia  
Simone POMPILI, Ancona, Italy  
Smiljka POPOVIC DEUSIC, Serbia  
Diane Purper-Ouakil  
Andrea RABALLO, Lugano, Switzerland  
Yugesh RAI, Colchester  
Josep Antoni RAMOS-QUIROGA, Barcelona, Spain  
Franz RESCH, Heidelberg, Germany  
Sara RODRIGUES, Porto, Portugal  
Joshua RODRIGUEZ  
Olga RUSAKOVSKAYA, Moscow, Russian Federation  
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Lior Schapir, Israel  
Kaushal SHAH, Winston-Salem, United States  
Sumeet SINGH, Pathankot, India  
Marco SOLMI, Padova, Italy  
Emma SONESON, OXFORD, United Kingdom  
Matej Stuhec, Ormoz, Slovenia  
Anne-laure SUTTER, Bordeaux Cedex, France  
Nisrine TARIQ, Morocc



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Attila Georges TENKY, Basel, Switzerland

Sam TYANO, Tel Aviv, Israel

Krzysztof WILCZYŃSKI, Sosnowiec, Poland

Thomas WILKES, Calgary, Canada

Isranur YENEN, Osmaniye, Türkiye

Damla YILDIRIM

Azza YOUSSEF, Cairo, Egypt

Gil ZALSMAN, Petah Tikva, Israel

Besmira ZENELAJ, Tirana, Albania

### LAST SECTION COMMITTEE ELECTIONS HELD:

Date: 07/09/2023

Venue: Online elections

### ACTIVITIES OF THE SECTION IN 2023:

#### Meetings/events

#### 2023 EPA

##### Description:

EPA 2023

Autism in adolescents and young adulthood: diagnostic and differential diagnostic considerations, comorbidities

Main organiser: Judit Balazs - co-organiser: Nora Kollarovics

**Location:** Paris

**Start date:** 25/03/2023

**End date:** 25/03/2023

#### EPA 2023

##### Description:

Session title: Early career psychiatrists in time of war Session date and time: Monday 27 March 2023, 15:00 - 16:30 Chair: Tomasz Gondek (Poland) , Meryam Schouler-Ocak (Germany) Health promotion strategies toward improved healthcare access for migrants and refugees in Europe - Speaker: Meryam Schouler-Ocak (Germany) What should Early Career Psychiatrists know when treating migrants and refugees? - Speaker: Tomasz Gondek (Poland) Mental health of children and adolescents during wartime - Speaker: Judit Balazs (Hungary) The management of PTSD in war refugees - Speaker: Iryna Frankova (Netherlands)



## EPA CHILD AND ADOLESCENT PSYCHIATRY SECTION REPORT 2023

**Location:** Paris

**Start date:** 27/04/2023

**End date:** 27/04/2023

### EPA 2023

#### **Description:**

3. JOINT SYMPOSIUM OF THE CHILD AND ADOLESCENT PSYCHIATRIC SECTION AND THE PREVENTION OF MENTAL DISORDERS SECTION OF THE EPA

Session title: Mental health of refugee children and adults

Session date and time: Tuesday 28 March 2023, 10:00 - 11:30

Chair: Judit Balazs (Hungary), Andrea Raballo (Italy)

Post-migration trajectories and psychopathological vulnerability- Speaker: Massimiliano Aragona (Italy)

Mental health and addiction in young refugees - Speaker: Jelena Vasic (Serbia)

Suicide among refugees - Speaker: Christina Hooven (United States)

Mental health prevention program for Roma children and their families fleeing from Ukraine - Speaker: Judit Balazs (Hungary)

**Location:** Paris

**Start date:** 28/03/2023

**End date:** 28/03/2023

### EPA 2023

#### **Description:**

CORE SYMPOSIUM - MENTAL HEALTH POLICY

Session title: Proactive psychiatry: prevention of substance use and mental health problems - the potential of early (school-based) targeted prevention

Session date and time: 28-Mar-23, 13:15 - 14:45

Chair: Geert Dom (Belgium) , Judit Balazs (Hungary)



## EPA CHILD AND ADOLESCENT PSYCHIATRY SECTION REPORT 2023

Building resilience by equipping teens with cognitive behavioural strategies to manage personality and individual differences - Speaker: Patricia Conrod (Canada)

Proactive psychiatry of addiction: toward the normalization of early prevention- Speaker: Vincent Hendriks (Netherlands)

School-based public mental health opportunities - Speaker: Jonathan Campion (United Kingdom)

Bullying prevention as a preventive strategy for mental health - Speaker: Covadonga M Diaz-Caneja (Spain)

**Location:** Paris

**Start date:** 28/03/2023

**End date:** 28/03/2023

### Book chapter

#### Description:

EPA book: Mental Health Research and Practice - From Evidence to Experience, edited by Andrea Fiorillo, University of Campania "L. Vanvitelli", Naples, Peter Falkai, International Max Planck Research School for Translational Psychiatry, Munich, Philip Gorwood, Sainte-Anne Hospital, Paris.

Attention Deficit Hyperactivity Disorder in Adults - From Research to Clinical Practice

Philip Asherson, **Judit Balazs**, Istvan Bitter, Pieter-Jan Carpentier, Rafał Jaeschke, Pavel Mohr, Josep Antoni

Ramos-Quiroga, Pietro De Rossi, Benji Semerci, and Sandra Kooij

**Location:** Paris

**Start date:** 01/12/2023

**End date:** 01/12/2023

### EPA book chapter

#### Description:

EPA book: Mental Health Research and Practice - From Evidence to Experience, edited by Andrea Fiorillo, University of Campania "L. Vanvitelli", Naples, Peter Falkai, International Max Planck Research School for Translational Psychiatry, Munich, Philip Gorwood, Sainte-Anne Hospital, Paris.



## **EPA CHILD AND ADOLESCENT PSYCHIATRY SECTION REPORT 2023**

Nonsuicidal Self-Injury in Adolescents - Research and Clinical Practice  
**Judit Balazs and Romuald Brunner**

**Location:** Paris

**Start date:** 01/12/2023

**End date:** 01/12/2023

### **Section meeting - Child and Adolescent Psychiatry**

**Description:**

30-min individual online meeting between Judit and Jerzy Samochowiec (EPA Secretary for Sections) in September 2023

**Location:** online

**Start date:** 19/09/2023

**End date:** 19/09/2023

### **FUTURE ACTIVITIES:**

### **Meetings/events**

#### **EPA 2024**

**Description:**

Assessing the value of mental health treatments for youth in Europe

07.04.2024 | 10:00 - 11:30 | F9

Code: SP05

Type: Symposium

Topic: Mental Health Policy

Chair: Danuta Wasserman (Sweden) , Judit Balazs (Hungary)



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10:00 - 10:17

Autism care pathway in Europe

Speaker: Celso Arango (Spain)

10:17 - 10:34

Economic impact of reducing treatment gaps in depression

Speaker: Paul McCrone (United Kingdom)

10:34 - 10:51

Economic modelling of the Value of Early Intervention and Continuity of Care for Anorexia Nervosa in England, Germany and Spain: improving the care pathway

Speaker: David McDaid (United Kingdom)

10:51 - 11:08

Assessing the value of mental health treatments in Europe

Speaker: Judit Simon (Austria)

**Location:** Budapest

**Start date:** 07/04/2024

**End date:** 07/01/2024

### EPA 2024

**Description:**

Mental health of forcibly displaced people worldwide

08.04.2024 | 08:00 - 09:30 | P1-P2-P3

Code: CRS03

Type: Core Symposium

Topic: Mental Health Policy



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### **Description:**

With more than 90 million forcibly displaced people worldwide, caring for these people is a challenge for mental health systems as well as mental health practitioners. The speakers will touch on the basics of establishing therapeutic contact, carrying out diagnosis and providing treatment with forcibly displaced people, as well as presenting the practical psychosocial interventions and programs for children, adolescents and adults in place in different countries.

Chair: Judit Balazs (Hungary) , Tomasz Gondek (Poland)

08:00 - 08:17

What should Early Career Psychiatrists know when treating migrants and refugees?

Speaker: Tomasz Gondek (Poland)

08:17 - 08:34

Mental health of children and adolescents during wartime

Speaker: Judit Balazs (Hungary)

08:34 - 08:51

Emergency and Community Based Psychosocial Support Programs for War-Affected Individuals from Ukraine in EU

Speaker: Iryna Frankova (Netherlands)

08:51 - 09:08

Health promotion strategies toward improved healthcare access for migrants and refugees in Europe - how do they look like?

Speaker: Meryam Schouler-Ocak (Germany)

**Location:** Budapest

**Start date:** 08/04/2024

**End date:** 08/01/2024





## EPA CHILD AND ADOLESCENT PSYCHIATRY SECTION REPORT 2023

### epa 2024

#### Description:

Symposium: User involvement: taking words into action

08.04.2024 | 15:00 - 16:30 | F10

Code: ECP05

Type: ECP Programme

Topic: Educational

#### Description:

In this session Prof Sartorius will recap the historical evolution of user involvement while Prof Judit Balasz and Dr Howard Ryland will provide practical insight on digital implications in youth and forensic psychiatry.

Chair: Danuta Wasserman (Sweden) , Asilay Seker (United Kingdom)

15:00 - 15:17

User involvement in youth mental health

Speaker: Judit Balazs (Hungary)

15:17 - 15:34

User involvement in psychiatric research: shifting from traditional research paradigms to collaborative partnerships

Speaker: Daniele Cavaleri (Italy)

15:34 - 15:51

User involvement in forensic psychiatry

Speaker: Howard Ryland (United Kingdom)

15:51 - 16:08

Public & patient involvement: then and now

Speaker: Norman Sartorius (Switzerland)



## **EPA CHILD AND ADOLESCENT PSYCHIATRY SECTION REPORT 2023**

**Location:** Budapest

**Start date:** 08/04/2024

**End date:** 08/01/2024

### **FUNDING IN 2023**

Income: We didn't receive any funds

Source(s) of funding: We didn't receive any funds

Expenditure: We didn't receive any funds

Balance: We didn't receive any funds

EPA Treasurer audit: No

Confirmation that income / expenditure is via EPA: No